



IF YOU ARE 50 OR OLDER, GET SCREENED FOR COLORECTAL CANCER

COLORECTAL CANCER IS THE 2ND LEADING CANCER KILLER IN ALABAMA.

Find colorectal cancer early by getting one of these procedures:

- High-sensitivity gFOBT, iFOBT, or FIT annually
- Flexible Sigmoidoscopy every 5 years
- Colonoscopy every 10 years

Do you want to be screened but are worried about:

- Transportation
- Cost
- Time

The FIT is an easy way to be tested for colorectal cancer:

- No need to change eating habits
- No need to change medications
- No liquids to drink
- No day off work
- Done in privacy of your home
- Mail back in a few days

This test is covered by Medicare, Medicaid, and many health insurance plans. Also, Blue Cross Blue Shield of Alabama approves this test. Be healthy and celebrate your life!

Ask your doctor about screening options for colorectal cancer, including the new take-home test called FIT or iFOBT. (If you are at high risk for colorectal cancer, you may need to be screened more frequently.)



For more information: talk to your doctor, email fitway@adph.state.al.us, or visit adph.org/fitway.

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Colorectal cancer can affect anyone.



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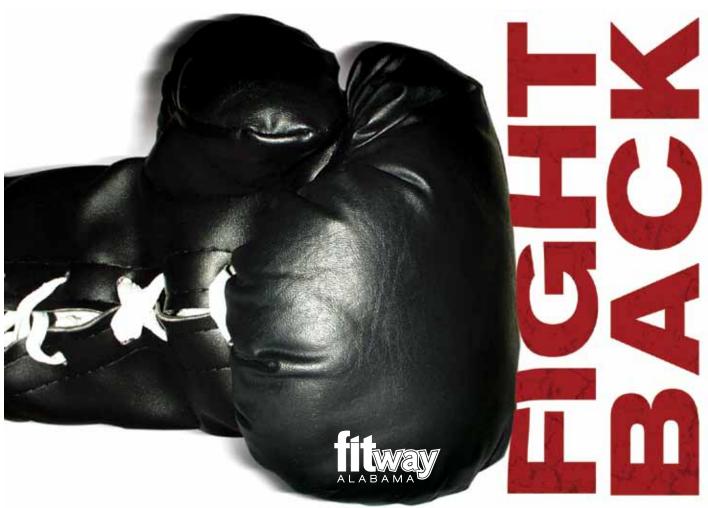
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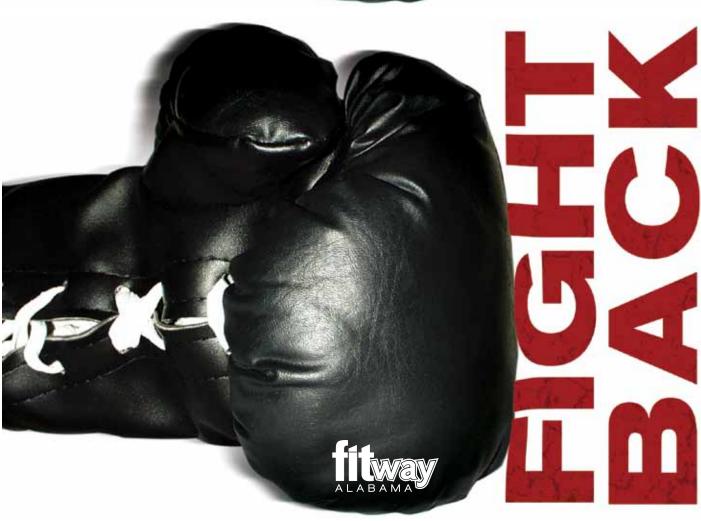
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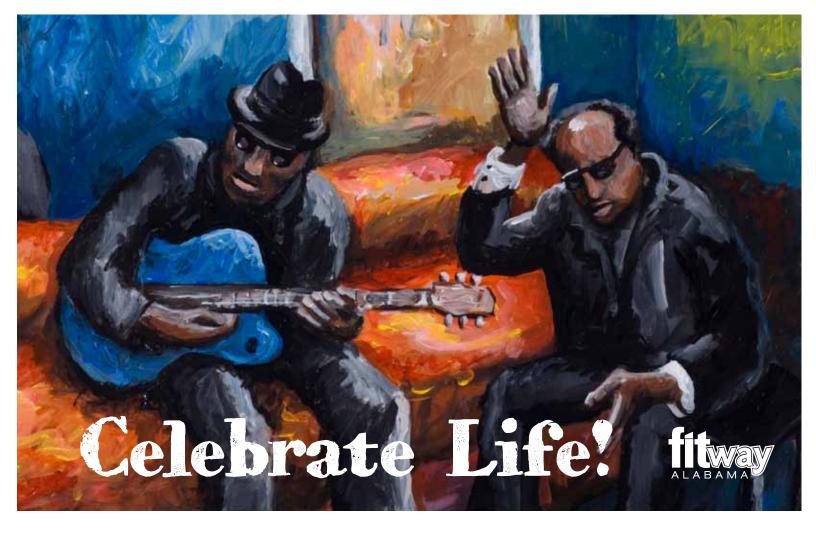
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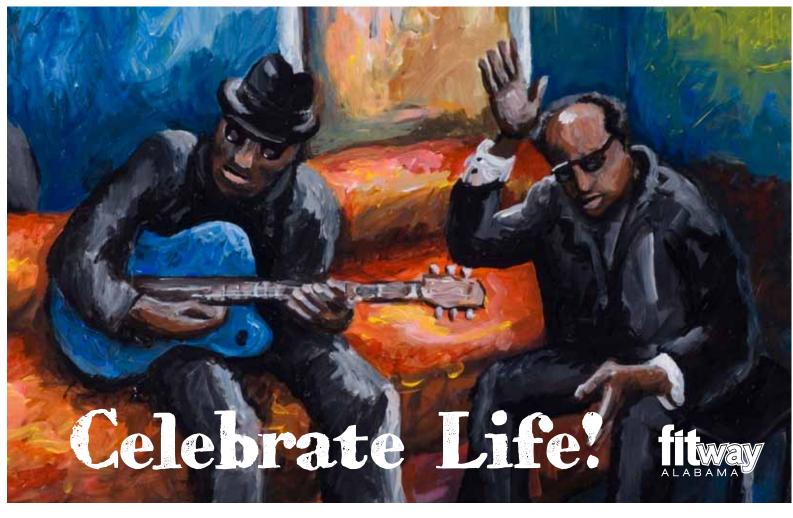
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